



May 2018 • Volume 1, Issue 3

# RTC Bulletin

## *Congratulations, Graduates!*

*Alchesay High School*

*Blue Ridge High School*

*Díshchíí'bíkeh High School*

*& all graduating students*

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# *Class* *of* 2018



Go confidently in the direction of your dreams.

Live the life you have imagined.

*dreamstime*



**Arrive Alive** - submitted by Keoni Hill  
Be mindful. Be focused.  
#JustDrive

In 2016, distracted driving claimed 3,450 lives, while in 2015 another 391,000 were injured in accidents caused by distracted driving. The most alarming distraction in this category is texting and driving. On average sending or reading a text takes your eyes off the road for five seconds, which at 55 mph is like driving the length of a whole football field with your eyes closed. But with these insane risks approximately 481,000 drivers use their cell phones while driving on a daily basis. Teens carry the highest percentage of these kinds of drivers.

This leads us to another dangerous killer, drinking and driving. Every day, 29 people in the US die in motor vehicle crashes that involve an alcohol-impaired driver. Broken down that is one death every 50 minutes. Latest statistics show that there are eight teens that pass away every day due to DUI crashes. In 2016, more than 1 million drivers were arrested for driving under the influence of alcohol or narcotics. Teens are more likely

to be involved in an accident as is, due to the fact that they are new drivers, however adding in a substance can mean a driver between 16-20 years of age is 17 more times likely to get involved in an accident.

With these risks being so high, especially amongst teenagers, on April 25, 2018 the Rainbow Treatment Center in collaboration with the WMAT Youth Council, WMAT Police Department, WMAT Fire Department, WMAT EMS, and Native Air put on an event for the Seniors at the Alchesay High School. This event took place at the Activity Center and was given the title "Arrive Alive." This event was designed to bring awareness to the risks and dangers of drinking and drinking, as well as distracted driving. Our local responders recreated a crash scene for the students showing them the man power and highly skilled execution it takes to properly assist victims of a car accident. After conducting the mock crash scene all parties involved gave words of encouragement and highlighted that

even though the event was fake, DUI accidents and Distracted Driving accidents are very much real.

The students left with the message that "Their Lives Matter." Therefore, they should put the phones down and focus on the road; or never drive under the influence, being in the vehicle of someone driving under the influence, or let someone else drive under the influence.

We, at the Rainbow Treatment would like to remind parents to speak to their children about these dangers and the public should be aware as well because these accidents can be avoided and no life should be lost due to someone being careless.

Rainbow Treatment Center would also like to extend its sincerest appreciation and thankfulness to the **WMAT Police Department, Fire Department, EMS, WMAT Youth Council, and Native Air** for their assistance in making this event possible and successful.



**STOP**  
**Distracted**  
**Driving**

**"It Was Just..."**  
It was just a quick call  
It was just a short trip  
It was just one drink  
It was just a picture  
It was just an email  
It was just a glance  
It was just a text  
It was just a bite  
**'Just' is all it takes**



# Pictures from Arrive Alive Event



RTC Staff huddle before the event.



WMAT Police Officer Cantu and Officer Leslie along with other officers who were on their day off came in to help make this event possible. We are very appreciative of their hard work and dedication.



Mock crash scene with 1st responders and WMAT Youth Council.



Native Air landing on scene to air lift one of the students from the scene away.



The scene being flagged off for an investigation due to a fatal accident. Reminder to *always* buckle up, don't drink and drive, & don't text and drive.

Fire & Rescue Dept. assisting on scene to extract a victim trapped under a vehicle.



A huge thank you to the WMAT Youth Council for taking a part in the Arrive Alive event and speaking to their peers on their experience and encouraging them to be safe.



**Rainbow Treatment Center**  
**Business Hours:**  
**8am to 5pm**

**Main Building**

302 W. Ponderosa St.  
P.O. Box 1790  
Whiteriver, AZ 85941  
Phone: (928) 338-4858  
Fax: (928) 338-1987

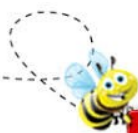
**Outpatient Building**

306 Bengay Dr.  
Phone: (928) 338-4853

**Cibecue RTC**

293 E. Rodeo Dr.  
Phone: (928) 332-2305

NOTHING  
IS  
IMPOSSIBLE!



**VISIT OUR WEBSITE**

<http://rainbowtreatmentcenter.net>



*Happy Graduation to CBQ, Alchesay, Blue Ridge, Chemawa, Riverside CA, & Riverside Oklahoma High School. Never forget your true goals, always aim for the stars. Life is not easy, but never give up! I wish you the best in life! Congratulations on your 1st of many accomplishments!*  
*- Tiffany Henry-Hinton, Billings Dept.*

*The journey has just begun ...*

**The tassel is  
worth the  
hassle!**



**Congratulations to the class of 2018!**  
**- Carmen Hosteen, BHT**

**Congrats to the class of 2018! Dream Big and follow your dreams for it will make you a powerful person. A big shout out to my youngest son, Tony D. Crocker, I am very proud of you for always wanting something better in life. Continue with your own dreams of destination and wanting to help others. You're the Best! Love, Mom (Susie Crocker - Matrix Coordinator)**

Dream Big for ...

*"The future belongs to those who believe in the beauty of their dream!" - Roosevelt*

**Congratulations Class of 2018, I'm proud of you!**  
**Rosella Altaha, Toney Brooks, Raekwon Cosay, Tashina Johnson, Naomi Benally, & Leona Tate.**  
**- Kyrene DeClay, Events Coordinator**

Each year we marvel at the majestic beauty and renewal of life that Spring brings. We anticipate the colorful fruit trees and flowers blossoming, as well as the trees that paint our mountains and riverbeds green with their fresh leaves. The animals have their young and still others seemingly come back to life. One animal, in particular, is especially fascinating, the caterpillar. It will crawl free as a teenager eating and navigating itself over many things with little to no worries. Then one day it transforms itself into a cocoon during which it goes through a changing and molding process as it prepares to become something nobody would ever expect it to become. Then, low and behold, a magnificent butterfly emerges to show off its beauty and hard work that was put into its transformation.

Now, as with every Spring, our students are finishing up their own molding and growing process just as that little caterpillar and they are about to spring into the world fresh and beautiful as the flowers that bloom or as that butterfly. Come that big day they will burst free of that cocoon and show off their remarkable wings in the form of their 2018 Graduation Diploma. Just as the butterfly flies free to show its beauty our Graduates too will fly and flash their excellence that took years to mold and transform.

That being said, the Rainbow Treatment Center would like to wish the 2018 Graduates the biggest Congratulations and Best Wishes. This is only a stepping block in your path of continued success in life. We continue to fight for our people so that many more will be able to accomplish what these 2018 Graduates have accomplished, and that is pure excellence.