

This story goes with Step 12.

A Story:

Once upon a time, long ago, in Apache land there was a forest of many trees, bushes, plants, and animals. There were men and women and children and babies and grandmothers and grandfathers and uncles and aunties and cousins.

The forest was very diverse and was once beautiful and plentiful. A bad wind came in though and made the forest very sick. Some of the trees, bushes, plants, animals and people even died.

One night however, under the cover of darkness, a few of the trees left the forest to go to a nursery (healing center) where they hoped to get well from the sickness that was all over the forest.

They were given vitamins and medicines of all kinds. They were given good food and treated with great respect. They began to feel better and their sickness went away. Soon they went back to the forest because it was their home. Before long, no matter how hard they tried, they became sick. They took on the sickness of the forest once again.