

Rainbow Treatment Center Service Ticket

Date of Service:	1-6-12	Start Time:	9 AM	End Time:	10 AM
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Last Name

First Name

Client Name:			Date of Birth:
Social Security:			Diagnosis:

Provider Signature: _____

Donna M. Stevens, R.N., Psy.D.

Reviewed By Behavioral Health Professional- Bill Arnett, Psy. D. _____

Licensed Psychologist

Type of Service	Service Code		Type of Service	Service Code
Individual Behavioral Health Counseling & Therapy- Office	H0004		Group Behavioral Health Counseling & Therapy	H0004HQ
Individual Behavioral Health Counseling & Therapy- Home	H0004		Alcohol and/or Drug Assessment (Comprehensive/Brief Assessment)	H0001
Family Behavioral Health Counseling & Therapy- Office with client present	H0004HR		Behavioral Health Screening to Determine Eligibility for Admission (Intake Testing)	H0002
Family Behavioral Health Counseling & Therapy, Out of Office, without client present	H0004HS		Mental Health Assessment by Non-Physician (Clinical Staffing/Certification/Determination of Need)	H0031
Family Behavioral Health Counseling & Therapy- without client present	H0004HS		Skills Training & Development- Individual (1:1 session)	H2014
Family Behavioral Health Counseling and Therapy-Out of Office, with client present	H0004HR	X	Skills Training & Development Group (Voc Rehab Program)	H2014
			Behavioral Health Prevention Education Services	H0025

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Clinician: Donna M. Stevens, R.N., Psy.D.

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Treatment Notes

Current Mental Status/Presentation

X	Alert, Orientated 4 spheres, Normal Affect	Depressed, blunted affect
X	Dress/Attire appropriate for situation	Agitated/Restless
X	Hygiene adequate	Angry, belligerent, uncooperative/refuses to answer
X	Cooperative and Attentive	Current suicidal/homicidal ideation
X	Able to express thoughts and feelings well	Hygiene poor
		Intoxicated/High

Welcomed Work group this morning. After brief check in proceeded to explain and process the following skills for dealing with stress of all kinds (home, relationship, political, workplace, etc.):

1. Take time away – breaks to regroup (discussion and examples)
2. Talk it over with someone – make sure your perspective is reasonable (discussion and examples)
3. Connect with others – make friendships and positive social connections (discussion and examples)
4. Look for humor in the situation (discussion and examples)
5. Flexibility and adaptability (discussion and examples)

Group interacted to share opinions and experiences. Good group discussion.

Individual Note:

Active in group discussion. Able to share own experiences with certain stressful situations. Positive attitude.

Plan:

- Next class focus on what happens when employees allow personal problems to interfere with work.