

## **Step 9, Group 1**

**We are making up to those people whenever we can,  
except when to do so would hurt them more.**

Step 1 Calls us to be Honest

Step 2 Calls us to have Hope

Step 3 Calls us to Faith

Step 4 Calls us to have Courage

Step 5 Calls us to have Integrity

Step 6 Calls us to Willingness

Step 7 Calls us to Humility.

Step 8 Calls us to Forgiveness.

**Step 9 Calls us to JUSTICE.**

It is really not possible to go through life without somehow intentionally or unintentionally hurting someone else.

- We hurt lots and lots of people with our drinking/drugging behaviors.

How do the Apache People “make amends” when they have hurt someone else?

There are 3 ways of making amends or making efforts to “fix” your wrongs:

1. Time:

2. Treasure:

3. Talent:



**Step 9, Group 3**

**We are making up to those people whenever we can,  
except when to do so would hurt them more.**

Step 1 Calls us to be Honest

Step 2 Calls us to have Hope

Step 3 Calls us to Faith

Step 4 Calls us to have Courage

Step 5 Calls us to have Integrity

Step 6 Calls us to Willingness

Step 7 Calls us to Humility.

Step 8 Calls us to Forgiveness.

**Step 9 Calls us to JUSTICE.**

By now, you should have made out your amends list. Have you?

What does it mean to make “restitution”?

**Choose 2 people you want to make amends to soon (restitution) ?**                      **Specifically, How are you going to make amends**

	<input type="checkbox"/> Now <input type="checkbox"/> Maybe <input type="checkbox"/> Sooner or Later <input checked="" type="checkbox"/> Never	
	<input type="checkbox"/> Now <input type="checkbox"/> Maybe <input type="checkbox"/> Sooner or Later <input checked="" type="checkbox"/> Never	

***Sometimes is it not possible to make amends to another. You might have put “never” after their name. Can you think of these times?***

- 1.**
- 2.**

BUT, we STILL must make amends to them anyway, - even if its just in our hearts. We can do this spiritually by remembering the person and writing a prayer for them:

**God is the Love that lets me forgive others and others forgive me.  
Creator, guide me in finding the greatest peace, fellowship, and  
Justice with all women and men.**

**Pick someone from your list whom you cannot make amends to – someone you put “never” for. . Write a prayer asking for forgiveness from them:**

**Step 9, Group 3**

**We are making up to those people whenever we can,  
except when to do so would hurt them more.**

**Forgiving  
Ourselves**

Ticket

### Step 9, Group 1

Welcomed Sobriety Circle group this morning and opened meeting with the Serenity Prayer. Introduced topic of Step 9:

**We are making up to those people whenever we can,  
except when to do so would hurt them more.**

Explained to group and generated discussion on what Step 9 calls us to – justice. Discussed how as we go through life, we intentionally or unintentionally hurt others. Particularly when abusing drugs/alcohol we damage our relationships with others. Talked about the concept of making “amends” and what this means individually. Also talked about what the Apache culture calls for in terms of making amends for hurts. Good group discussion. Uses the 3 T’s to help with naming ideas: Time, Talent, Treasure.

#### Plan:

- Continue group study/process work around Step 9 of the 12 Steps of AA.
- Continue peer support and encouragement to continue in sobriety.

#### Individual Note:

attentive and willing to participate in group work. Able to identify specific areas of “hurt” they have inflicted on others with drug/alcohol abuse.

Ticket

### Step 9, Group 2

Welcomed Sobriety Circle group this morning and opened meeting with the Serenity Prayer. Continued topic of Step 9:

**We are making up to those people whenever we can,  
except when to do so would hurt them more.**

Group work today focused on identifying those people in our lives to whom we own restitution and/or amends. Clients also asked to be specific in how they could make these amends. This work was then shared with peers in the group process.

#### Plan:

- Continue group study/process work around Step 9 of the 12 Steps of AA.
- Continue peer support and encouragement to continue in sobriety.

#### Individual Note:

Client able to identify specific people to whom they owed amends. Able to share some of this with the group.

Ticket

### Step 9, Group 3

Welcomed Sobriety Circle group this morning and opened meeting with the Serenity Prayer. Continued discussion/process of meaning of Step 9:

**We are making up to those people whenever we can,  
except when to do so would hurt them more.**

Focus today is on recognizing that one cannot always make amends to another. Discussed the situations where this is not advisable. Then discussed how we might make these amends “spiritually” through prayer. Clients were asked to identify someone on their amends list whom they cannot make amends to. Then invited to write a prayer asking for forgiveness from them. These prayers were then shared in the peer group.

#### **Individual Note:**

Client able to create a “prayer” for forgiveness. Able to share this with peers.

#### **Plan:**

- Begin discussion/study/processing of Step 10 of the 12 Steps of AA.
- Continue encouraging peer support and sharing.