

# Rainbow Treatment Center Service Ticket

<b>Date of Service:</b>	7-5-11	<b>Start Time:</b>	9 AM	<b>End Time:</b>	10 AM
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Last Name

First Name

<b>Client Name:</b>	Perry	Lisa	<b>Date of Birth:</b>
<b>Social Security:</b>			<b>Diagnosis:</b>

**Provider Signature:** \_\_\_\_\_

**Reviewed By Behavioral Health Professional-** Bill Arnett, Psy. D. \_\_\_\_\_

Licensed Psychologist

Type of Service	Service Code		Type of Service	Service Code
Individual Behavioral Health Counseling & Therapy- Office	H0004		Group Behavioral Health Counseling & Therapy	H0004HQ
Individual Behavioral Health Counseling & Therapy- Home	H0004		Alcohol and/or Drug Assessment (Comprehensive/Brief Assessment)	H0001
Family Behavioral Health Counseling & Therapy- Office with client present	H0004HR		Behavioral Health Screening to Determine Eligibility for Admission (Intake Testing)	H0002
Family Behavioral Health Counseling & Therapy, Out of Office, without client present	H0004HS		Mental Health Assessment by Non-Physician (Clinical Staffing/Certification/Determination of Need)	H0031
Family Behavioral Health Counseling & Therapy- without client present	H0004HS		Skills Training & Development- Individual (1:1 session)	H2014
Family Behavioral Health Counseling and Therapy-Out of Office, with client present	H0004HR	<b>X</b>	Skills Training & Development Group (Voc Rehab Program)	H2014
			Behavioral Health Prevention Education Services	H0025

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**Signature:** \_\_\_\_\_

Clinician:

**Reviewed By Behavioral Health Professional:** Bill Arnett, Psy.D. \_\_\_\_\_

Licensed Psychologist

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		Behavioral Health Prevention Education Services	H0025

## Treatment Notes

### Current Mental Status/Presentation

Alert, Orientated 4 spheres, Normal Affect	Depressed, blunted affect
Dress/Attire appropriate for situation	Agitated/Restless
Hygiene adequate	Angry, belligerent, uncooperative/refuses to answer
Cooperative and Attentive	Current suicidal/homicidal ideation
Able to express thoughts and feelings well	Hygiene poor
	Intoxicated/High

Working to Wellness group gathered this morning. Quickly reviewed triggers present over the Holiday weekend. Most clients agreed that not having money removed a powerful trigger for relapse from them. Pay day is this week. Began working on understanding basic budgeting process by looking at possible sources of income in addition to their pay check. Then reviewed concepts of fixed and flexible expenses. Clients brought some of their standing bills and were able to plug these into the basic budget sheets provided. Talked about fixed and flexible expenses and the necessity to balance their expenditures for flexible expenses against fixed expenses (rent, utilities, etc.). Will continue this next group.

### Individual Note:

Client active in today's discussion of both fixed and flexible expenses. Is not used to having to make decisions over how to spend money – as income was simply not there. Wants to pay off outstanding bills.

### Plan:

- Continue to work on responsible money management and successful bill paying.
- Continue to work on positive self esteem and sense of independence.