

# Rainbow Treatment Center Service Ticket

<b>Date of Service:</b>	<b>7-8-11</b>	<b>Start Time:</b>	<b>9 AM</b>	<b>End Time:</b>	<b>10 AM</b>
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Last Name

First Name

<b>Client Name:</b>	<b>Albert</b>	<b>Velevia</b>	<b>Date of Birth:</b>
<b>Social Security:</b>			<b>Diagnosis:</b>

**Provider Signature:** \_\_\_\_\_

**Donna M. Stevens, R.N., Psy.D.**

**Reviewed By Behavioral Health Professional-** Bill Arnett, Psy. D. \_\_\_\_\_

Licensed Psychologist

Type of Service	Service Code		Type of Service	Service Code
Individual Behavioral Health Counseling & Therapy- Office	H0004		Group Behavioral Health Counseling & Therapy	H0004HQ
Individual Behavioral Health Counseling & Therapy- Home	H0004		Alcohol and/or Drug Assessment (Comprehensive/Brief Assessment)	H0001
Family Behavioral Health Counseling & Therapy- Office with client present	H0004HR		Behavioral Health Screening to Determine Eligibility for Admission (Intake Testing)	H0002
Family Behavioral Health Counseling & Therapy, Out of Office, without client present	H0004HS		Mental Health Assessment by Non-Physician (Clinical Staffing/Certification/Determination of Need)	H0031
Family Behavioral Health Counseling & Therapy- without client present	H0004HS		Skills Training & Development- Individual (1:1 session)	H2014
Family Behavioral Health Counseling and Therapy-Out of Office, with client present	H0004HR	<b>X</b>	Skills Training & Development Group (Voc Rehab Program)	H2014
			Behavioral Health Prevention Education Services	H0025

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**Signature:** \_\_\_\_\_

Clinician: **Donna M. Stevens, R.N., Psy.D.**

**Reviewed By Behavioral Health Professional:** Bill Arnett, Psy.D. \_\_\_\_\_

Licensed Psychologist

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			Behavioral Health Prevention Education Services	H0025

## Treatment Notes

### Current Mental Status/Presentation

X	Alert, Orientated 4 spheres, Normal Affect	Depressed, blunted affect
X	Dress/Attire appropriate for situation	Agitated/Restless
X	Hygiene adequate	Angry, belligerent, uncooperative/refuses to answer
X	Cooperative and Attentive	Current suicidal/homicidal ideation
X	Able to express thoughts and feelings well	Hygiene poor
		Intoxicated/High

Voc Rehab group met this morning. After general discussion regarding how things are going at work the group focus today continued with the Budgeting process. Discussed with group the importance of budgeting in order to provide control and good utilization of financial resources. Reviewed fixed and flexible expenditures. Talked about how to steward their limited income by the following means:

- Use of coupons whenever possible.
- Going shopping with an explicit list
- The dangers of impulse buying
- Not to use credit cards except in extreme emergencies
- Use of cash money in lieu of debit cards

Group discussed their own experiences in using these money managing tips and how easy it is for spending to get out of hand.

**Individual Note:**

Client participated actively in the group discussion and brought forth saving ideas to share with the group. Defensiveness low. Interest and willingness to learn high.

**Plan:**

- Continue to work with client to understand good money management and ways of planning.
- Continue to work toward independence in employment and resource management.

Another Ticket:

Welcomed W-W group this morning. Handed out their returned basic budget sheets and explained that it was evident that most did not understand the process. Went over basic budgeting sheets again and discussed with group the importance of recording all income and all expected expenses so that planning can occur. Discussed the importance of planning ahead for any possible unexpected expenses or life occurrences which may interfere with both earned income and expenses. Talked about illness, accidents, deaths, etc. as examples of these unexpected occurrences. Group instructed to redo their budget sheets and submit these by Friday to me.

**Individual Note:**

Client attentive and willing to participate in group discussion. Defensiveness low and interest in topic high.

**Plan:**

- Continue to discuss and process recovery realities and how this affects the recovery process.
- Continue encouraging sobriety and seeking the resources for this.