

Session: But, I love Him

Welcome: Each person introduces themselves to the group.

Prayer: Ask a member of the group to lead with a short prayer.

We join together in order to achieve certain goals and to be happy.

Discussion:

When you first partnered with someone – WHAT WERE YOU'RE DREAMS?

After everyone has had an opportunity to share go to the TED Talk (13 minutes):

https://www.ted.com/talks/chiara_lisowski_survivor_domestic_abuse_speaks_up_i_left_on_a_tuesday

Summary of Video

Chiara's emotional talk covers the subject of domestic abuse. "I chose this topic because violence against women is still seen as a taboo and more specifically a 'women's issue' when really, it is everyone's problem. I would like to challenge you to dispel any stereotypes they may have about abuse. If I can help just one person free themselves of an abusive relationship with my words, then that would be one less person living in unjust suffering. In the words of Maya Angelou: 'Each time a woman stands up for herself, she stands up for all women'."

Discussion: Have group members share their thoughts and feelings about this video.