

Lesson: So How to you Recognize an Abusive Partner?

Welcome: Each person introduces themselves to the group.

Prayer: Ask a member of the group to lead with a short prayer.

Most people don't get into a relationship knowing that they will be systematically abuse and disrespected.

Most often, victims initially find their abusive partners as:

- Charming
- Thoughtful
- Romantic

Here are some common characteristics of perpetrators of personal violence:

Jealousy

Confrontational and aggressive

Bullies others

Refuses to compromise

Blame the victim

Sabatoges a victim's relationships with other friends, family members

Abuser feels the world is "against" them and is not "fair"

Denies their behavior

Lies

Has had previous abusive relationships

History of abuse in family of origin

Does not respect boundaries

Tells sexist jokes or objectifies women

Say "I can't live without you."

Constantly checks in with victim – needs to know where victim is at all times

Is cruel to animals

Owens a weapon

Braggs about hurting others

Group Activity:

- Select at least 5 of the above characteristics and draw your abusive partner in a picture.
- Share art activity with peers