

## **Session: Emotional Abuse**

**Welcome:** Each person introduces themselves to the group.

**Prayer:** Ask a member of the group to lead with a short prayer.

### **Emotional Abuse:**

**Shaming**

**Verbal put-downs**

**Negative name calling**

**“Silent Treatment” to punish**

**Blaming the victim**

**Denying victim basic needs (food, clothing, shelter, etc.)**

**Isolating victim from friends/family**

**Lying to victim**

**Jealousy**

### **Discussion:**

- **How have you experienced emotional abuse?**
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