

Session: Physical Abuse

Welcome: Each person introduces themselves to the group.

Prayer: Ask a member of the group to lead with a short prayer.

Physical Abuse:
Hitting
Pushing/Shoving
Kicking
Choking
Use of a weapon
Denying medical treatment
Controlling what a victim eats
Forcing you to use alcohol/drugs
Destroying personal property

Group Discussion:

Have you ever experienced physical abuse?

What was it like for you?