

Session: Psychological – Mental Abuse

Welcome: Each person introduces themselves to the group.

Prayer: Ask a member of the group to lead with a short prayer.

Psychological-Mental Abuse

Negative name calling

Comparing victim to others

Embarrassing victim in public

Possessiveness or jealousy

Telling victim they are “crazy”

Denying victim’s reality (You don’t know what you’re talking about)

Making victim feel afraid

Discussion:

- **How have you experienced Psychological-Mental Abuse?**
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