

Session: Sexual Abuse

Welcome: Each person introduces themselves to the group.

Prayer: Ask a member of the group to lead with a short prayer.

Sexual Abuse:

Forces you to have sex

Violence toward breasts/genitals

Denying sex to punish you

Withholding birth control or condoms

Forcing you to watch pornography

Forcing you to have group sex

Using sexual insults to put you down

Incest

Telling intimate details about you to others

Shaming you sexually

Forcing you to perform sex acts you are not comfortable with

Not caring whether you have pleasure or enjoy the sexual activity

Discussion:

- **What kinds of thought/feeling happen to you when discussing Sexual Abuse?**