

## **Session : Spiritual Abuse**

**Welcome:** Each person introduces themselves to the group.

**Prayer:** Ask a member of the group to lead with a short prayer.

### **Spiritual Abuse:**

**Preventing you from practicing your religious faith/traditions.**

**Ridiculing and /or making fun of your beliefs/faith/church/worship, etc.**

**Using the Bible to make you feel guilty.**

**Using the Bible to justify bad behavior.**

**Using your religion/faith to put you down.**

**Insisting your children be raised in a faith you don't agree to.**

**Group Discussion:** Have you experienced any type of Spiritual abuse?